



RIDER GUIDE

JUNE 21-25, 2023 PRESENTED BY 



 **OREGON**
GRAVEL GRINDERS SERIES

OREGON TRAIL GRAVEL GRINDER - THE GRAND TOUR OF GRAVEL



OREGON TRAIL

GRAVEL GRINDER



On this gravel adventure you'll find roads less traveled, mounting challenges, and smack in the middle of it all, the breathtaking beauty of Oregon.

Welcome to the 2023 Oregon Trail Gravel Grinder.

On behalf of the entire Breakaway Promotions crew, we would like to welcome you to Bend, Oregon and this epic event. The goal of this race is to provide a fun and adventurous outing that showcases the beauty of Oregon while capturing the spirit of the Oregon Trail. Miles of forest, rivers, and even two historic wagon roads will provide back drop and challenge for you at this event. We hope you ride responsibly and enjoy the ride. The following information is provided to help you navigate this race.

We want to give special thanks to Schwalbe who has been our title sponsor for their incredible support as title sponsor. They saw the vision and have been a huge part of making this event successful.



OREGON TRAIL GRAVEL GRINDER - THE GRAND TOUR OF GRAVEL



This five-day gravel stage race/ride will challenge and reward racers and adventure riders, not only on the epic days in the saddle but the celebration of the gravel community each night at camp. We take care of all of the details and support you on your journey- from tents to gourmet food to professional massage and nightly entertainment- you'll come away sore, accomplished, and with unmatched tales and friendships from the trail.

NO AERO BARS are allowed on ANY stage of the Oregon Gravel Grinder series.

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THE PIONEERS

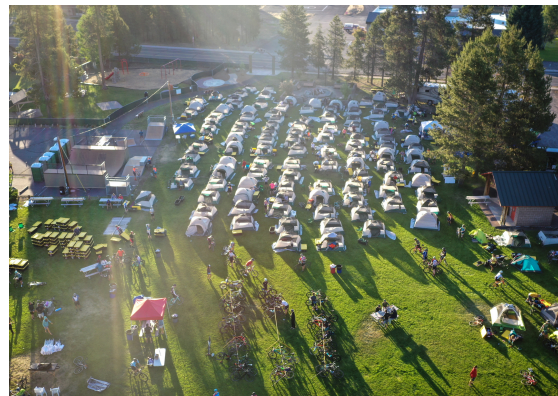
Ready to race the Oregon Trail? Do you want to test your limits and push yourself in the most challenging and beautiful scenery?

Then you are a PIONEER!

THE SETTLERS

Looking for a true ride experience on the Oregon Trail? If you want the adventure but not the pressure of a race?

Then you are a SETTLER!



OREGON TRAIL GRAVEL GRINDER - THE GRAND TOUR OF GRAVEL



THE RULES

The rules are there are no rules...almost. We do have rules, just not as many as your standard USA Cycling Road Race. We are relying on all of you to race in a respectful and honest manner throughout the week. Please keep in mind this is both a competition and a ride. But most importantly this is all for fun! So, without further ado here are the rules!

Categories- There are four categories being offered at this year's Oregon Trail Gravel Grinder. Pioneer (hardest), Settler (little less hard), Tag Team (alternate days with your teammate), and Ironhorse E-Bike (motor-assist category).

Note: Pioneer is the only official race category that will be eligible for nightly podium and overall GC awards. We will do nightly podium however only open category will receive race leader jerseys.

- Pioneers are expected to ride the longest stages each day and navigate the roughest roads. This is a very hard race and you should come prepared with great fitness and mad bike handling skills.
- Settler category is for those looking for a challenging ride but are not built with a third lung and really high lactate threshold. It's more of a sport category but get us wrong - it is still going to be really hard, just not soul crushingly hard. Settlers will not be scored or be in competition but will receive times daily. If you want to compete step up to the Pioneer!
- Tag Team is new for 2023- Two riders can pick their stages and ride to their strengths. Alternate days or ride two or three days in a row, then switch and switch riders while the other teammate takes a rest day.
- Ironhorse riders just want to get to camp as soon as possible to get the best campsite and first beer. They will ride the same course as the Settlers.

Disqualification- If for any reason you must receive a ride to the finish of a stage you will no longer be in the race competition. You may start the following day and continue to participate in the event but you will not receive an overall time or place. At this point you are bike touring. If you are caught cutting the courses, or impeding other riders you will be disqualified and sent home immediately. You will be banned from all future Breakaway Promotions events....period! We do not take kind to cheaters.



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Category Changes - Should you start out as a Pioneer and decide mid race to drop down to the Settler courses you may do so at any time. You are required to notify the crew of E8 Timing of this decision. Your current time will carry over and continue to be added to your overall time as a Settler. You may not go from a Settler category up to the Pioneer at any point and still continue to be scored in the race. You may do so simply to ride but you will no longer be in the race competition. Ironhorse must remain as Ironhorse through the entire race.

Racing Rules and Info - This is a gravel race so we are removing as much of the paved sections at the start and end of each stage from the race competition by locating the official start points. We don't want any stinking pavement! What that means is each with an official timing start point and finish timing point. All riders competing in the stage and overall general classification must ride the entire course not just the timed section. We will have timing mats to confirm this. Before and after the timing check points you are not being timed. That said we will have official start times at the timing start each day so you must make it to them on time. Though we are chip timing this event we will use a gun time to start each day's race. We know the games some of you will play to get an advantage for mat timed starts and so we are eliminating that option. Meaning everyone is given the same starting time not matter when you roll over the starting mat.

Timing Start and Timing Finish will be identified by two cones and an Oregon Trail Flag at both the timing start and finish. Both locations are identified on your Ride With GPS maps.

Rider Etiquette- Rules of Rider Etiquette for the Oregon Trail Gravel Grinder

- Be nice.
- Stop at all stop signs.
- Don't be rude (we really, really mean this, you WILL be banned from any Breakaway Promotions events for this).
- Pick up your trash.
- Stay on the RIGHT SIDE of the roads ALWAYS, whether there is a center road line or not.
- Always follow rules of the road, unless otherwise noted.

YOU ARE RESPONSIBLE FOR STAYING RIGHT OF CENTER AT ALL TIMES, AS WELL AS OBSERVING ALL TRAFFIC RULES AND REGULATIONS. IGNORING THESE COULD RESULT IN DEATH OR INJURY. YOU WILL BE DISQUALIFIED FROM ALL BREAKAWAY EVENTS FOR NOT ADHERING TO THESE RULES.



- Dogs must be leashed and supervised **AT ALL TIMES** for the safety of the entire team. If a dog is allowed to free roam, their owner will be removed from the competition. We love dogs but want to make sure our riders, spectators, and the dogs remain safe.

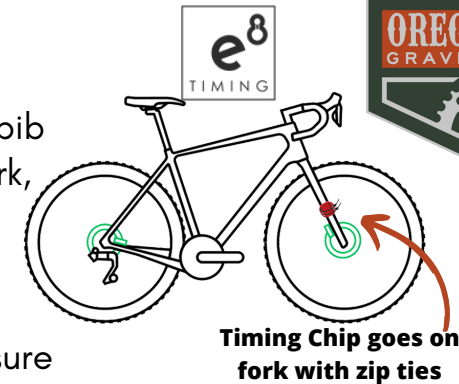




Timing- This ride is being chip timed by E8 Timing.

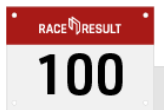
- **Chips:** Please attach the chip to the DRIVE (right) side of your fork. Please pin your bib number to the RIGHT SIDE of your jersey. If you do not want to put the chip on your fork, you may put it on your shoe or crank, however, it may cause timing inaccuracies.

*** We do NOT recommend putting your chip in your pocket.***



We will have starting timing mat, and intermediate timing points along the route to assure no one cuts the course. Look for a series of cones and a mat when out on the course.

- **Timing Finish:** The Timing Finish Mats will be located at the end of the final gravel section and NOT back at camp. After you cross the timing mat, the ride becomes a neutral, non-racing pace back to camp where you **must pass over the Check-In Mat**. Make sure you roll over the timing mat and check in mat so we can get your official time. Please ride respectfully back to the staging area upon completing your ride. That section is not a timed section however riding this part and completing your ride by rolling over the Check-In Mat is required for results.
- **Check-In Mat:** Crossing over the Check-In Map at camp is required for every rider. After you pass over the Timing Finish Mat you must continue your ride (not race pace) back to camp and **pass over the Check-In Mat** for your time to be official. Anyone who misses the Check-In Mat will not have results for that stage.
- **Bib #'s:** Bib numbers are to be worn on the right side for all three races. Number plates must be put on the front of your bike so that the number is fully visible.



- Riders will receive a single bib number, number plate and a timing chip for their bike. Riders must wear their bib numbers on their right sides for every stage. If you lose your bib number or timing chip please check in with E8 Timing to be issued a new one. Extra bib numbers will be in your packet and they are to be used for labeling your bin or replacing a lost bib.
- All timing chips must be returned at the timing finish mat location on the last day. The timing chips used must be returned after you finish racing. The cost of an unreturned timing chip is \$85.




OREGON TRAIL GRAVEL GRINDER - THE GRAND TOUR OF GRAVEL



TIMING START TIMES

Stage #1 - 9:00 AM Stage #2 - 9:00 AM Stage #3 - 10:00 AM Stage #4 - 8:00 AM Stage #5 - 8:00 AM

 Early start time will be available on Day 4 and Day 5. If you choose to start early on these days, you must check in with the "Ask Lisa" Informational Tent the night before. While you will be timed on these days, you will be removed from podium contention.

- We will have a **mandatory rider meeting** each day at 15 minutes prior to the ceremonial start from camp.
- Each day we will have a podium ceremony at 6:30 PM recognizing the top three riders for both men and women in the Pioneer Category, as well as the current race leader with our jersey presentation nightly at 7PM.
- Results can be viewed at the results tent as well as on our website nightly.



- You are required to stop at all stop signs, yield when required, and stay to the right and let faster traffic pass.



- It is your responsibility to check both ways and cross when clear when crossing major roads and highways.



- Early start time will be available on Day 4 and Day 5. If you choose to start early on these days, you must check in with the Breakaway Team at the Village Square Information Booth to let us know you plan to start early. While you will be timed on these days, you will be removed from podium contention.



NEW FOR 2023- Pioneer King of the Mountain / Queen of the Mountain Daily Competition



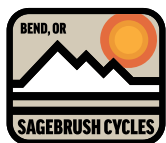


RACE SUPPORT



MEDICAL

We have a very experienced team of medical staff on course and at the finish to support you. Each stage will have 4 medical staff roaming the courses and assisting when necessary with cleaning wounds, stabilizing, and transporting down riders. Please realize that you are riding through a number of very remote areas and that medical attention could take hours to arrive and if your medical issue is critical, we will have to airlift you out at your expense. Do not take unnecessary risks or chances that could severely injure you. We will have a medical tent set up nightly to take care of any injuries or abrasions you may have.



MECHANICAL SUPPORT

We have an amazing mechanics crews supporting you over the 5 days. Sagebrush Cycles in Bend will have staff members ready to get your ride fixed on course or at camp. We will have our mechanics roaming on course and stationed aid stations with tools and supplies. All this stated that is a vast area to cover so we strongly encourage you to bring spare tubes, pump, tools and supplies to help you limp to the nearest aid station. We will have a mechanics tent set up each night at camp to help service or fix your bike. Support on the course is free of charge. Any work that needs to be done at camp or parts needed will be at the expense of the rider and charged directly by the shops.



SCHWALBE TIRES NEUTRAL RACE SUPPORT

The great team from Schwalbe will be here to support all of you! On course their crew will be providing neutral support for flat and tire repair. At camp, they will help with tire repair and have an air compressor for your setup. In addition, they are pumping up the party with the **Schwalbe Saloon** and Friday's **Schwalbe Taco Bar**.



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RACE SUPPORT



GEAR TOTES

Each rider is given their gear tote(s) at packet pickup. Your extra bib number will serve as the identifier for your bin. Bins will be taken off of the bin truck and placed in order at the designated pickup area.

50 lb max



It is extremely important that your bin does not weigh more than 50 lbs. You will be charged for an additional bin if the weight exceeds the 50 lbs. We will have a scale and be weighing your bins before we load them up. You will have the option to purchase another bin at packet pickup for \$50 fee.

Bins will be collected at the following times:

- Tuesday 3-7 pm- at packet pickup in the bin pickup area. We HIGHLY RECOMMEND this option if you can get all of your items packed the night before.
 - You may bring a camp drop bag to us on Wednesday morning if needed.
- Wednesday 6:30-8 am- Sister's Middle School Parking Lot



SECURE STORAGE & LOCKS

While we feel our locations are very safe, we will have secure overnight bike storage if you would like to use it. Also some riders prefer to put locks on their bins to secure them overnight and in transport. A standard combination lock or key lock will fit the bins (to truly secure the bins, you need four locks).



EARLY ARRIVAL BAGS

For days 2 and 5, riders may choose to have an early arrival bag for them at the finish. These must be brought to the bin drop location no later than 7:30 a.m. For day 2, this bag is so you may have clothing to change into if you arrive before the gear truck. For day 5, this bag is so you may change at the Sisters expo area and relax instead of having to go back to the parking/car area at the middle school.



CHARGING STATIONS

Power charging stations will be available at each camping location- adhesive labels provided at Packet Pick-Up can be used to identify your cords and devices.



OREGON TRAIL GRAVEL GRINDER - THE GRAND TOUR OF GRAVEL



CAMP AMENITIES



FOOD SERVICE

We are excited to partner with Spin Catering. They will be providing delicious food throughout the week. Each rider will receive breakfast and dinner each day with the exception of Wednesday morning where you are on your own for breakfast. **[See the website here for the current menu.](#)**



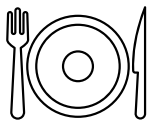
Breakfast will be served from 6:30 to 8:30 AM for Stages 2-3 and 6-7:30 AM for Stage 4, as we will have an early start to the long trail.



The ever popular Snack Shack will be open from 12-5 pm. They will be serving sandwiches and lunch items as soon as you reach camp. It will have lunch makings include, fruit, vegetables, bread, peanut butter, jelly, honey, cheeses, lunch meats, chips, crackers and granola bars among the other aid station items.



We will have complimentary drip coffee provided by Autobohn Coffee each day. They are able to make espresso drinks as well but those will be at the expense of the rider.



Dinner will be served nightly from 5-7 PM at camp. At each meal, please check in with your name and bib number at the meal tent so we can get a head count. Non-Rider Meal participants please make sure you have your designated lanyard pass for beer and food.



Food is ONLY for registered riders, RV pass holders or those who purchased an additional meal plan.

Family or friends who are not part of the race are **not** allowed to get food, beer or use the shower facilities.

Doing so will likely short the later arriving riders. Seconds will be allowed after everyone has been fed and if there is a food left over. This will be signified by the ringing of the final dinner bell.



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CAMP AMENITIES

Post Ride Cheers!



At dinner time each rider will receive libations at the Fat Tire Beer Bar sponsored by New Belgium Brewing and a variety of trail worthy whiskey at the Schwalbe Whiskey Bar in the RTIC Chill Zone. *YOU MUST SHOW ID. It is the law!* Come saddle up to the bar and wash the dust off your tongue and enjoy!



SHOWERS & RESTROOMS

Each location has showers and restrooms available. For stages 1-3 restrooms and showers are onsite. This year we have rented shower trailers for stage 1-3. Please be respectful and keep showers to 5 minutes or less. For stage 4 at Camp LaPine the shower facilities will be at LaPine Middle School about a quarter mile from camp. You will be on your own to ride or walk to that location. Showers are open between 2-8 PM daily. Showers are available at Village Green Park in Sisters but are coin operated so be sure and bring lots of quarters!



NIGHTLY SHUTTLE SERVICE

Should you have to abandon the race at any point we will have staff ready to shuttle you back to Sisters, Oregon on the Shuttle of Shame. Nightly shuttles will leave at 6 PM. Please check in with both E8 Timing and Breakaway Team at the "Ask Lisa" booth by 4:30 p.m. to let us know you will be departing that day. Each person taking the shuttle of shame will receive a complimentary **"I DIED OF DYSENTERY"** Oregon Trail Gravel Grinder shirt.

If you'd like to take a day off but want to continue with the party, you can hitch a ride with our events team to the next location and continue your adventure the next day without having to depart the trail.



STAGE SHUTTLES

Should things go badly and you have an off day we have shuttles at aid stations #2 and #3 that can give you a lift to the finish. You will be allowed to start the next day but you will be out of the racing competition.



We have our friend and OTGG vet, Lisa helping us out with our Q&A Booth. Want to know about the course, aid stations, need directions to the shower... Lisa can help you out! The "Ask Lisa" booth is also where you'll drop your e-bike batteries, early arrival bags, and sign up for the shuttle home if you have died of dysentery.





COURSE SIGNAGE



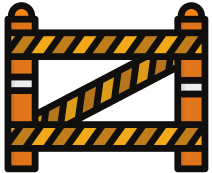
At Oregon Trail Gravel Grinder we take pride in our courses and signing them so that you can focus on keeping your bike upright and the beautiful views. Every turn will be marked by a 12x18 inch sign. Sometimes two if it is a fast-approaching corner. This said we have had times in the past where obnoxious people have shown blatant disrespect and removed signs or changed the direction. While this is rare it does happen on occasion.

PLEASE MAKE SURE YOU HAVE ALL COURSE FILES DOWNLOADED INTO YOUR GPS.



In addition to the directional signs, we will tie red danger tape to trees and bushes just past each turn and intersection to help reinforce that you are headed in the right direction. This two-step method of sign and verification tape work incredibly well against these obnoxious light beer drinking folks. In addition to directional signs, we will also be placing signage where mandatory stops are required by riders.

Game cameras will be placed at these intersections to make sure you comply with mandatory stops.



Finally, we have orange signs that say CAUTION and EXTREME CAUTION. If you come upon a caution sign do what the sign says and use caution. It means a dangerous obstacle in the road or other hazard. Slow down and be heads up. If you see an EXTREME CAUTION sign, be prepared to come to a slow roll or even a stop. We save those for the worst of the worst or most dangerous hazards. Do not ignore these signs as doing so could result in extreme injury and even death!

With all of that said, not all hazards are marked. Ride responsibly.



OREGON TRAIL GRAVEL GRINDER - THE GRAND TOUR OF GRAVEL



AID STATIONS

Well-stocked aid stations will be located roughly every 20 to 25 miles along the courses. There will be a variety of foods such as Granola Bars, Bananas, Apple Sauce, Bananas, Oranges, GU, Water, GU Hydration, Rice Krispie Treats and some other tasty snacks.

In addition to food, we will also have extra tubes tire pumps, and tires. Aid stations will be managed by local volunteers. Be sure to give all of our volunteers a big thanks and consider tipping the teams after the event. Your support goes a long way for these local youth. Below are the approximate locations for aid stations on each course. For the exact locations, please see the final GPS files.

		TIMING START	AID 1	AID 2	AID 3	TIMING FINISH	CAMP FINISH
STAGE 1: SISTERS TO MCKENZIE	PIONEERS	0.0	17.8	45.3	53.4	65.6	74.4
	SETTLERS	0.0	17.8	45.3	x	57.1	66.0
STAGE 2: MCKENZIE TO OAKRIDGE	PIONEERS	2.5	15.4	44.6	x	53.1	61.7
	SETTLERS	2.5	15.4	32.0	x	40.4	49.0
STAGE 3: OAKRIDGE DAY	PIONEERS	1.8	16.6	TT Start: 20.8; TT End 28.0	DH Start: 28.1; DH End 38.1	47.3	48.8
	SETTLERS	Optional ride Stage 3 for Settlers; Loop around the lake 28.0 miles.					
STAGE 4: OAKRIDGE TO LA PINE	PIONEERS	1.8	23.3	49.6	69.7	90.3	95.1
	SETTLERS	1.8	22.3	40.7	61.0	81.7	86.6
STAGE 5: LA PINE TO SISTERS	PIONEERS	9.3	28.4	54.3	x	67.0	82.6
	SETTLERS	9.3	28.4	54.3	x	67.0	82.6

CUT OFF TIMES

We do all we can to support your ride. We have established the cut-off times based on a 5pm daily expo finish. If you do not make the cut-off times, our Aid Station team and sweeps will help you get to the finish via car. Additionally, you have the opportunity to start an hour earlier on Day 4 and Day 5.

		Final Aid Station					
		START TIME	AID STATION #	MILAGE	MPH NEEDED	RIDE DURATION	CUT OFF TIME
STAGE 1: SISTERS TO MCKENZIE	PIONEERS	No Cut Off Times Day 1					
	SETTLERS						
STAGE 2: MCKENZIE TO OAKRIDGE	PIONEERS	9:00 AM	Aid 2	44.6	7.4	6:00:00	3:00 PM
	SETTLERS	9:00 AM	Aid 2	32.0	5.3	6:00:00	3:00 PM
STAGE 3: OAKRIDGE DAY	PIONEERS	No Cut Off Times for Day 3					
	SETTLERS						
STAGE 4: OAKRIDGE TO LA PINE	PIONEERS	8:00 AM	Aid 3	69.7	11.6	7:00:00	3:00 PM
	SETTLERS	8:00 AM	Aid 3	61.0	11.1	7:00:00	3:00 PM
STAGE 5: LA PINE TO SISTERS	PIONEERS	8:00 AM	Aid 3	54.3	9.1	6:30:00	2:30 PM
	SETTLERS	8:00 AM	Aid 3	54.3	9.9	6:30:00	2:30 PM





AID STATIONS



NO TEAM SUPPORT ALLOWED AT AID STATIONS

ONLY NEUTRAL SUPPORT ALLOWED

Support personnel are allowed to fully assist riders at camp however not on course. We will be very strict on this because access to aid stations will require driving on course via incredibly narrow and riding roads and this will cause too much of a safety issue while disrupting course and does not allow for a level playing field for all riders.

We pride ourselves in the legitimate high-quality of the aid stations. They are well-stocked, outstanding aid stations, staffed with experienced mechanics and aid station expert leads who work hard to make sure your needs are met. In addition to the assortment of fuel and snacks, the new **Breakaway Revolutionary Water Wa Wa**, a game-changer for super speed water dispensing, will ensure your hydration station time is minimal.

NO AERO-BARS ALLOWED.

Team Breakaway believes in providing the safest possible courses and logistics for riders. these steps help ensure maximizing rider safety on race day.



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This is just an overview of the Oregon Trail Gravel Grinder schedule. Be sure to read the subsequent pages for more details on each day.

- **TUESDAY, JUNE 20TH**

3:00 – 7:00 PM

2023 Oregon Trail Gravel Grinder
Packet Pickup

Best Western Premier Peppertree Inn
1082 SW Yates Dr, Bend, OR 97702

- **WEDNESDAY, JUNE 21ST**

5:45 AM

Sister's Shuttle – From Bend to start line
in Sisters (shuttle departs at 6 AM).

Best Western Premier Peppertree Inn
1082 SW Yates Dr, Bend, OR 97702

6:30 – 8:30 AM

Gear Tote Drop Off

Sisters Middle School
15200 OR-242, Sisters, OR 97759

8:45 AM

Morning Ride Announcements

Sisters Middle School
15200 OR-242, Sisters, OR 97759

9:00 AM

Ride Start – Day 1

SISTERS TO MCKENZIE

- **THURSDAY, JUNE 22ND**

9:00 AM

Ride Start – Day 2

MCKENZIE TO OAKRIDGE

- **FRIDAY, JUNE 23RD**

10:00 AM

Ride Start – Day 3

OADRIDGE TO OAKRIDGE

- **SATURDAY, JUNE 24TH**

8:00 AM

Ride Start – Day 4

OAKRIDGE TO LA PINE

- **SUNDAY, JUNE 25TH**

8:00 AM

Ride Start – Day 5

LA PINE TO SISTERS

1:00 – 4:00 PM

Awards Ceremony & Lunch

Village Green Park
Sisters, OR



PACKET PICKUP - TUESDAY 3-7 PM



Best Western Premier Peppertree Inn

1082 SW Yates Dr, Bend, OR 97702

At Packet Pick-Up, you will receive your gear tote, bib number, timing chip, swag bag, and trail goodies.

If you are unable to make Packet Pick-Up on Tuesday, please email Team Breakway at grinderinfo@breakawaypro.com to make special arrangements to pick up at the start in Sisters.

You will receive your bib numbers, event swag including a custom Oregon Trail coffee/whiskey mug, and your gear tote bin(s). Your packed bins should be dropped off Tuesday night at the Peppertree Inn (where packet pickup is) or Wednesday morning in Sisters.

You will have the option to purchase another bin at packet pickup for \$50 fee.

Bins will be collected at the following times:

- Tuesday 3-7 pm- at packet pickup in the bin pickup area. We HIGHLY RECOMMEND this option if you can do it.
 - You may bring a camp drop bag to us on Wednesday morning if needed.
- Wednesday 6:30-8 am- Sister's Middle School Parking Lot





Best Western Premier Peppertree Inn

1082 SW Yates Dr, Bend, OR 97702

5:45 am- Sisters Shuttles loads and leaves at 6:00 am to the Event Start in Sisters leaves from the Best Western Premier in Bend.

There will be room for your bike, extra wheel set, and Gear Tote.



Note, new start location at Sisters Middle School, NOT High School

Sisters Middle School

15200 OR-242, Sisters, OR 97759

- 6:30 - 8:30 a.m. - Gear Tote Drop Off
- 8:45 a.m.- Morning Ride Announcements
- 9:00 a.m.- Ride Start
- High Noon- Snack Shack Opens
- 5:00 pm - 7:00 pm- Dinner Buffet
- 5:00 pm - 9:00 pm- Schwalbe Saloon & Fat Tire Beer Bar Open for Business
- Evening: Awards, Games, Celebrations, & Entertainment

*Ride start times may be adjusted earlier if excessive heat is in the forecast. Also, riders who are not racing want more time on the course may arrange an earlier departure time.





START LOCATION:

Sisters Middle School, Sisters, OR

FINISH LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

SCHEDULE

- 6:30 - 7:30 a.m.- E-bike battery drop for Aid 2
- 6:30 - 8:30 a.m. - Gear Tote Drop Off
- 8:45 a.m.- Morning Ride Announcements
- 9:00 a.m.- Ride Start
- High Noon- Snack Shack Opens
- 5:00 p.m. - 7:00 p.m.- Dinner
- 5:00 p.m. - 9:00 p.m.- Schwalbe Saloon & Fat Tire Beer Bar



Post Ride Cheers!



- Evening: Awards, Games, Celebrations, & Entertainment





START LOCATION:

Sisters Middle School, Sisters, OR

FINISH LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

NOTES FROM THE TRAIL

** PLEASE NOTE: Courses may be altered prior to race day due to conditions.

Starting in the scenic western town of Sisters Oregon, Oregon Trail Gravel Grinder begins with a bang on Stage One. Immediately riders hit gravel after a quick 7-mile stint out of Sister, Oregon onto some of the gravel roads on the eastern slopes of the Cascade Gravel Range.

At about mile 10, riders will engage with the Santiam Wagon Road, portions of which have not been touched since the original pioneers crossed the Cascade Mountain Range.

The gravel roads on the east side of the Cascade typically are looser and a bit more challenging as riders ascend up over Cascade Mountain Range proper. At the very top of the mountain range, riders will pedal by alpine lakes, and scenic and spectacular vistas of the Three Sisters, Mount Jefferson, and Mount Washington abound.

At the very top of the range, riders enter the technical section that is the old historic Santiam Wagon Road, in its original 1800s state- ruts, rocks, and obstacles are everywhere. Once through this section and beginning to descend on the western slopes of the range, roads turn into the most beautiful and hardpacked gravel to be found anywhere. The additional moisture and mineral content in the roads make them exceptionally fast. Add to this the long descent and negative elevation gain, it allows riders to finish strong and provides an exciting conclusion to Stage One.



OREGON TRAIL GRAVEL GRINDER

DAY 1- WEDNESDAY SISTERS TO MCKENZIE



START LOCATION:

Sisters Middle School, Sisters, OR

FINISH LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

Pioneers

Total Miles - 74.5

Elevation - 6633 feet

Total Racing Miles - 65.5

Total Gravel Miles - 59.2

Road Surface - 78% Gravel 20% Paved 2% Other

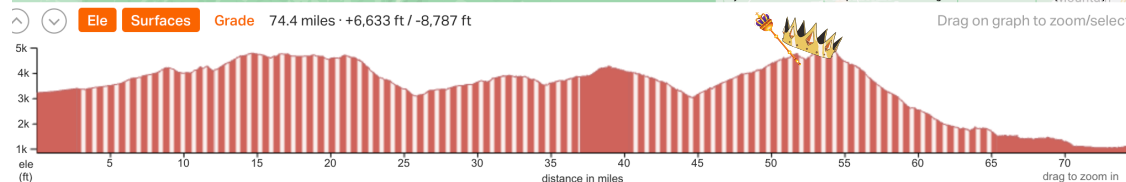
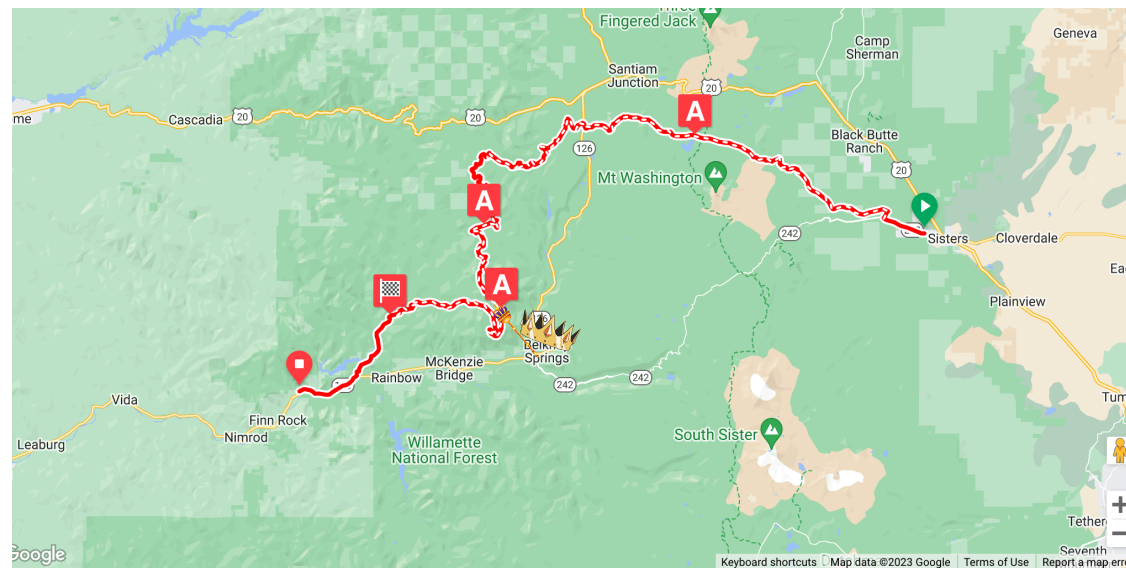
Start Location - Sisters Middle School

Finish Location - McKenzie Community Track

Ride with GPS Map - <https://ridewithgps.com/routes/43077942>



**RIDE WITH
GPS FILES
HERE**



20



OREGON TRAIL GRAVEL GRINDER

DAY 1- WEDNESDAY
SISTERS TO MCKENZIE



START LOCATION:

Sisters Middle School, Sisters, OR

FINISH LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

Settlers

Total Miles - 66

Elevation - 5235 feet

Total Racing Miles - 57

Total Gravel Miles - 51

Road Surface - 76% Gravel 23% Paved 3% Other

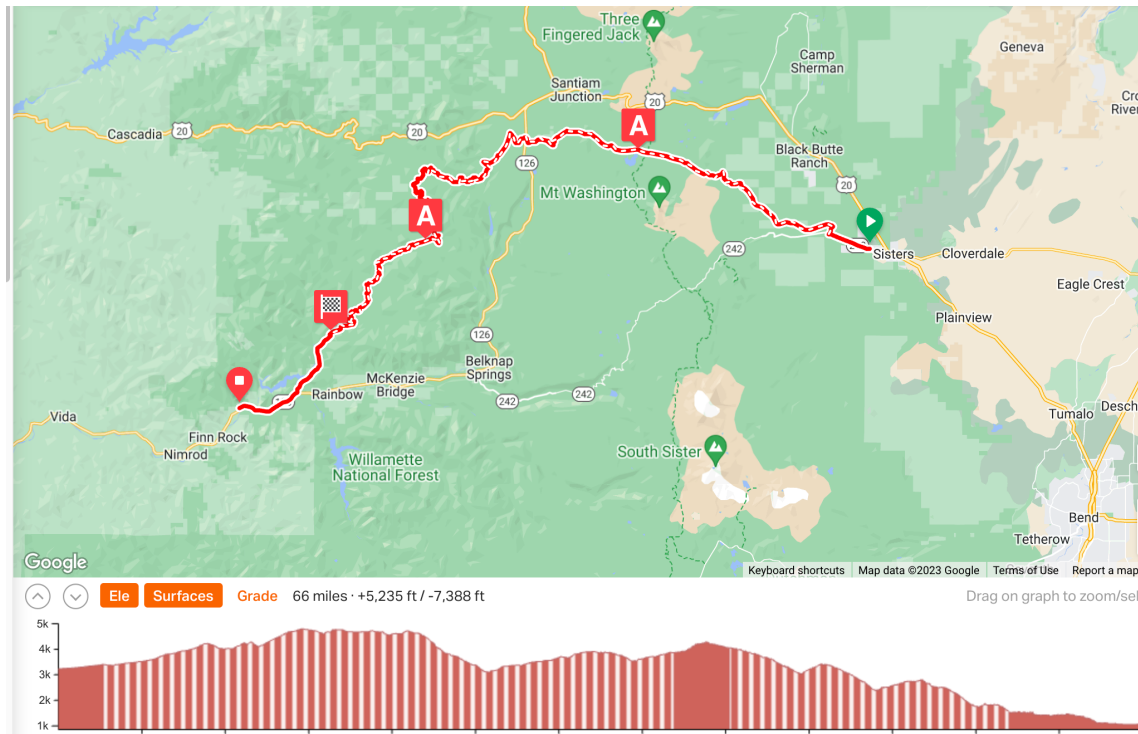
Start Location - Sisters Middle School

Finish Location - McKenzie Community Track

Ride with GPS Map - <https://ridewithgps.com/routes/43078098>



**RIDE WITH
GPS FILES
HERE**





START LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

SCHEDULE

- 6:30 - 7:30 a.m.- E-bike battery for Aid 2 & Early Arrival bag drop (see pg 9)
- 6:30 - 8:30 a.m. - Gear Tote Drop Off
- 6:30 - 8:30 a.m.- Breakfast
- 8:45 a.m.- Morning Ride Announcements
- 9:00 a.m.- Ride Start from McKenzie
- High Noon- Snack Shack Opens
- 5:00 p.m. - 7:00 p.m.- Dinner
- 5:00 p.m. - 9:00 p.m.- Schwalbe Saloon & Fat Tire Beer Bar



Post Ride Cheers!



- Evening: Awards, Games, Celebrations, & Entertainment





START LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

NOTES FROM THE TRAIL

* PLEASE NOTE: Courses may be altered prior to race day due to conditions.

Stage 2, out of the small community of Blue River, is a testament to a community's ability to survive and ultimately thrive through challenging situations. The town of Blue River burnt down two years ago on Labor Day with the Holiday Fire and the town is now on the path to rebuilding. There is still a lot of beauty in the area and we are fortunate to partner with the McKenzie Community Track to host our campsite for the end of Stage 1 and the beginning of Stage 2.

Stage 2 departs, immediately crosses the McKenzie River, and then heads up to the lush and dense forest of Willamette National Forrest. Here, rain comes in significant amounts, and moss and ferns rule the landscape. Large stands of old-growth timber can still be found along the course route and peekaboo views of far-reaching mountains and scenic vistas can be seen along the route.

Riders will then descend to the South Fork of the Willamette River before climbing once again up and over the Huckleberry Mountain and into the old logging town of Oakridge. Oakridge is an interesting community that has gone from being a depressed logging town to recently finding its footing in recreation and tourism, boasting some of the most spectacular mountain bike trails and riding in the country.

We also have the luxury and the privilege to use Greenwaters Park on the middle fork of the Willamette River. This campsite is one of the most spectacular along the route, providing not only miles of green lawn and old-growth trees to tent under but also an incredible swimming hole right next to camp.

We are fortunate to be able to spend two nights at this location as we have an extra day in Oakridge on Friday for Stage 3.





START LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

Pioneers

Total Miles - 61.6 miles

Elevation - 5970 feet

Total Racing Miles - 50.6 miles

Total Gravel Miles - 42.2 miles

Road Surface - 68% Gravel 32% Paved

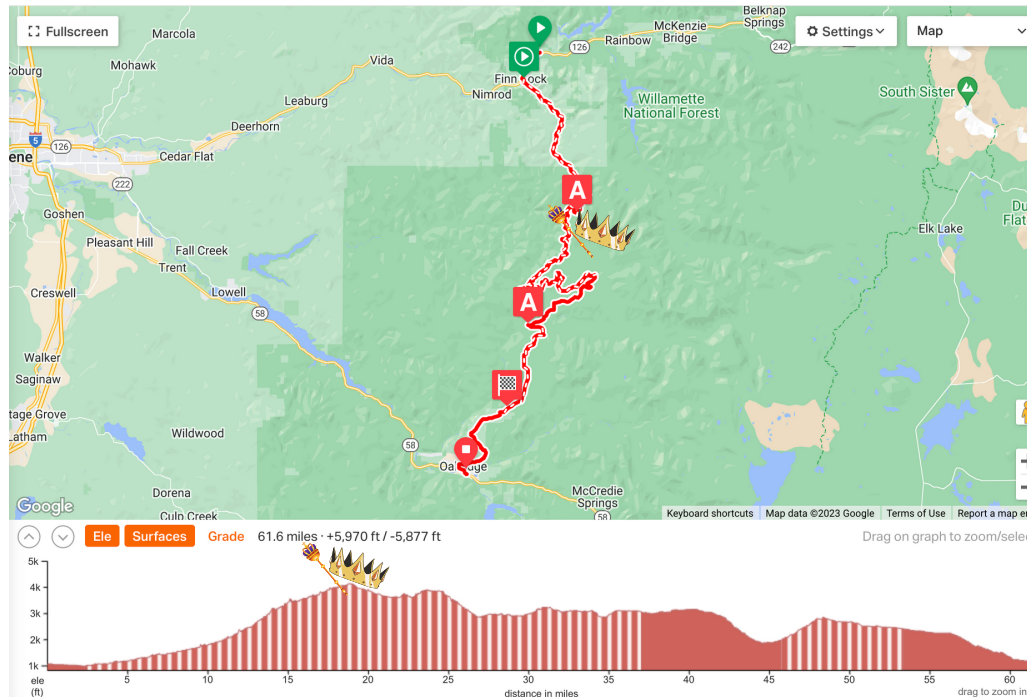
Start Location - McKenzie Community Track

Finish Location - Greenwaters Park, Oakridge

Ride with GPS Map - <https://ridewithgps.com/routes/38927582>



**RIDE WITH
GPS FILES
HERE**





START LOCATION:

McKenzie Community Track
5136 Blue River Drive, Vida, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

Settlers

Total Miles - 49 miles

Elevation - 5250 feet

Total Racing Miles - 38 miles

Total Gravel Miles - 29.5 miles

Road Surface - 60% Gravel 40% paved

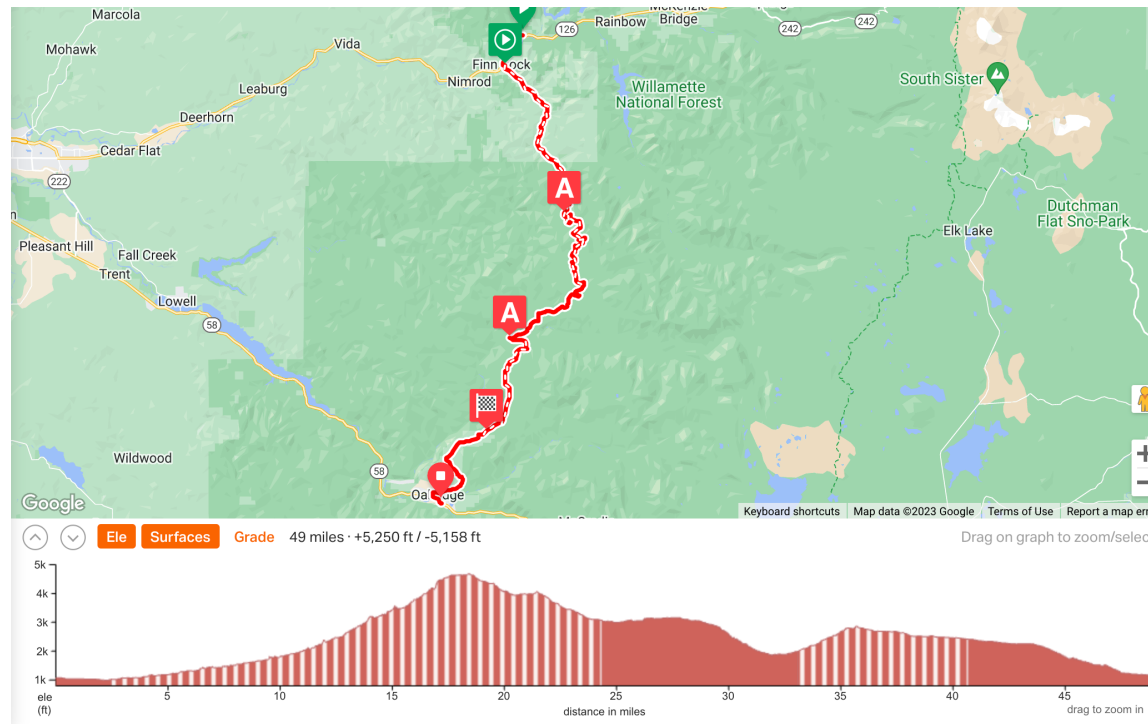
Start Location - McKenzie Community Track

Finish Location - Greenwaters Park, Oakridge

Ride with GPS Map - <https://ridewithgps.com/routes/43078192>



**RIDE WITH
GPS FILES
HERE**

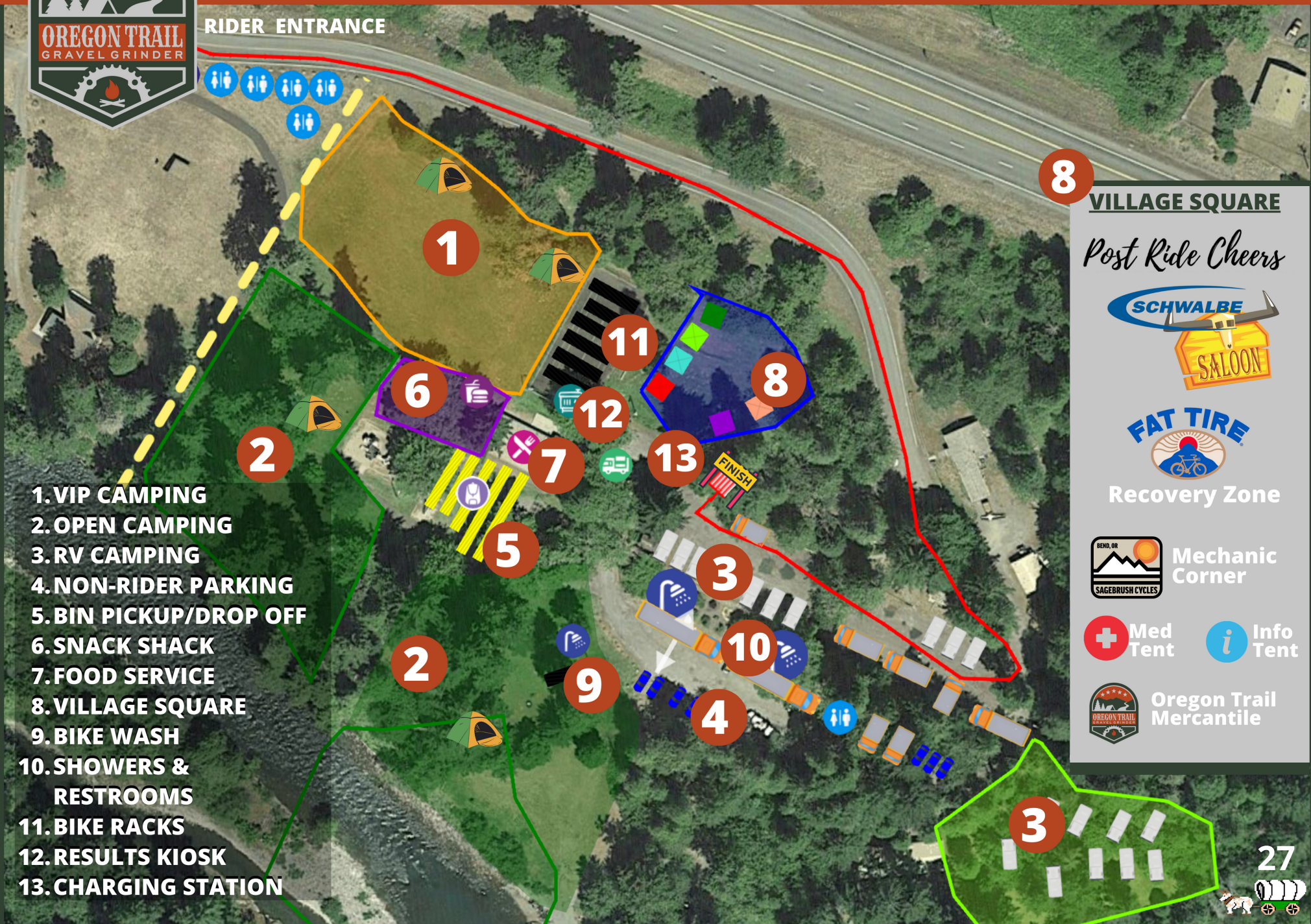




CAMP OAKRIDGE

THURSDAY & FRIDAY NIGHT

RIDER ENTRANCE



- 1. VIP CAMPING
- 2. OPEN CAMPING
- 3. RV CAMPING
- 4. NON-RIDER PARKING
- 5. BIN PICKUP/DROP OFF
- 6. SNACK SHACK
- 7. FOOD SERVICE
- 8. VILLAGE SQUARE
- 9. BIKE WASH
- 10. SHOWERS & RESTROOMS
- 11. BIKE RACKS
- 12. RESULTS KIOSK
- 13. CHARGING STATION

8 **VILLAGE SQUARE**
Post Ride Cheers

Recovery Zone
Mechanic Corner
Med Tent **Info Tent**
Oregon Trail Mercantile





START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

SCHEDULE

- 6:30 - 7:30 a.m.- E-bike battery drop for top of climb
- 6:30 - 8:30 a.m. - Gear Tote Drop Off
- 6:30 - 8:30 a.m.- Breakfast
- 8:45 a.m.- Morning Ride Announcements
- 9:00 a.m.- Settler Cheer Start*
- 10:00 a.m.- Pioneer Enduro Challenge Start
- **12:00 - 3:00 p.m.- Schwalbe Taco Bar**
- 5:00 p.m. - 7:00 p.m.- Dinner
- 5:00 p.m. - 9:00 p.m.- Schwalbe Saloon & Fat Tire Beer Bar

Post Ride Cheers!



- Evening: Awards, Games, Celebrations, & Entertainment



This is the day of **CELEBRATION!** You've made it to day three and we've planned some special things for you.

***Settlers, you have the option to take a day off completely or mount up early and get to a cheer spot on course after Aid 1 to cheer on the Pioneers, as they head up to the top of the climb of their enduro challenge. We'll have cowbells, you just provide the cheers as the pro riders work to get to the top first!**

Lunch will be served at the Schwalbe Taco Bar the river, where you can cool off and celebrate with the other riders!





START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

NOTES FROM THE TRAIL

** PLEASE NOTE: Courses may be altered prior to race day due to conditions.

Stage 3 of the Oregon Trail Gravel Grinder is our "easy" or light day.

For our Settlers, it is a tour around Hills Creek Reservoir- keeping the route flat and short, allowing you to shake out some of the kinks and soreness from the previous two day's efforts. The scenery is still at the utmost splendor for riders as they tour around the reservoir. This day is your day to ride or even rest. While riders will get a time, it will not count toward the cumulative overall results so you can ride, shake it out, mosey around, kick your feet up and relax by the water- or we suggest, ride to the top of the Pioneer's climb for lunch and cheer them on as they conquer the uphill and attack the downhill of their enduro-style stage.

For the Pioneers, we have something interesting this year...an enduro-style day set up. Riders will start the day touring around the reservoir before hitting Aid Station #1, where we will have the start of an uphill race. Competitors will race this uphill segment, have a 2-mile, neutral ride, and then hit Aid Station #2, where lunch will be offered, music, beverages, and an opportunity to regroup with your friends.

After refreshing, riders will then take on the second segment of the day- the downhill leg- descending on the tight, technical logging roads back to the Hill's Reservoir. This segment will be the second timed segment of the day. Overall stage results will be based on the combined timed of both the uphill and downhill segments. Both timed segments will apply to the overall GC and time bonuses will be offered for both.

Stage 3 will start later, with a 10 am start time due to the short nature of the courses and the fact that there is no camp transfer that day. Friday is a great day to rest and relax those tired legs in the Willamette River or head into the town of Oakridge and check out some of the restaurants and watering holes.

Those that have friends and family joining them, we strongly encourage that you check out some of the different shuttle services and hit the mountain bike trails. See the Driver Adventure Guide for more suggestions of things for non-riders to do along with the daily courses and from camp.



OREGON TRAIL GRAVEL GRINDER

DAY 3- FRIDAY
OAKRIDGE TO OAKRIDGE



START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

Pioneers

Total Miles - 47.3 miles

Elevation - 4354 feet

Total Racing Miles - 17.3 miles in 2 segments

Total Gravel Miles - 33.3 miles

Road Surface - 68% gravel 30% paved 2% other

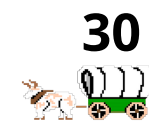
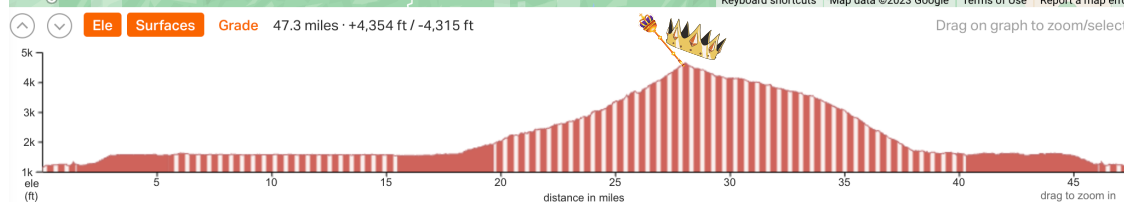
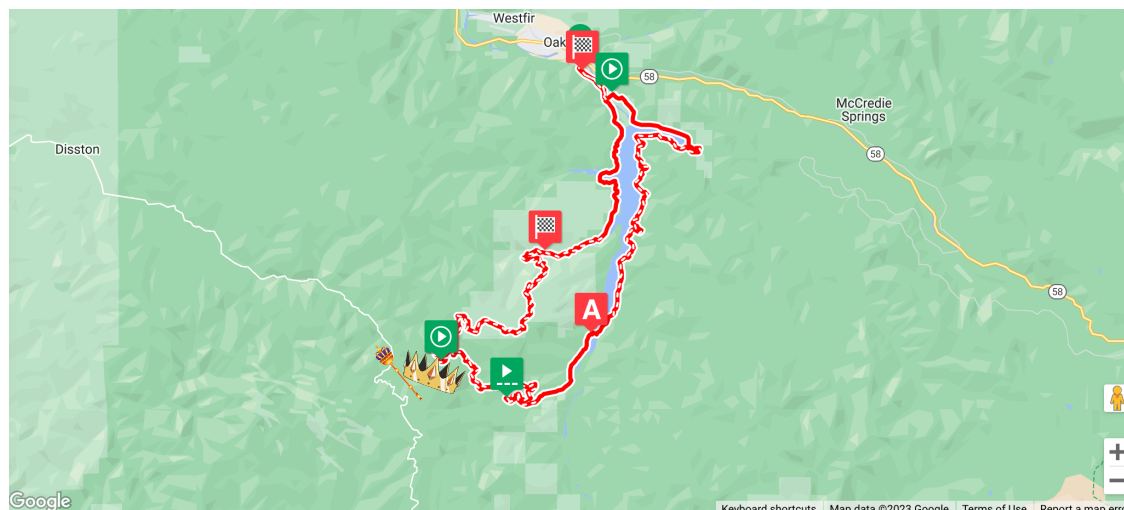
Start Location - Greenwaters Park Oakridge

Finish Location - Greenwaters Park Oakridge

Ride with GPS Map - <https://ridewithgps.com/routes/43078527>



**RIDE WITH
GPS FILES
HERE**



30



START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

Settlers

Total Miles - 28 miles

Elevation - 1319 feet

Total Racing Miles - 0 miles

Total Gravel Miles - 12.7 miles

Road Surface - 45% gravel 55% paved

Start Location - Greenwaters Park Oakridge

Finish Location - Greenwaters Park Oakridge

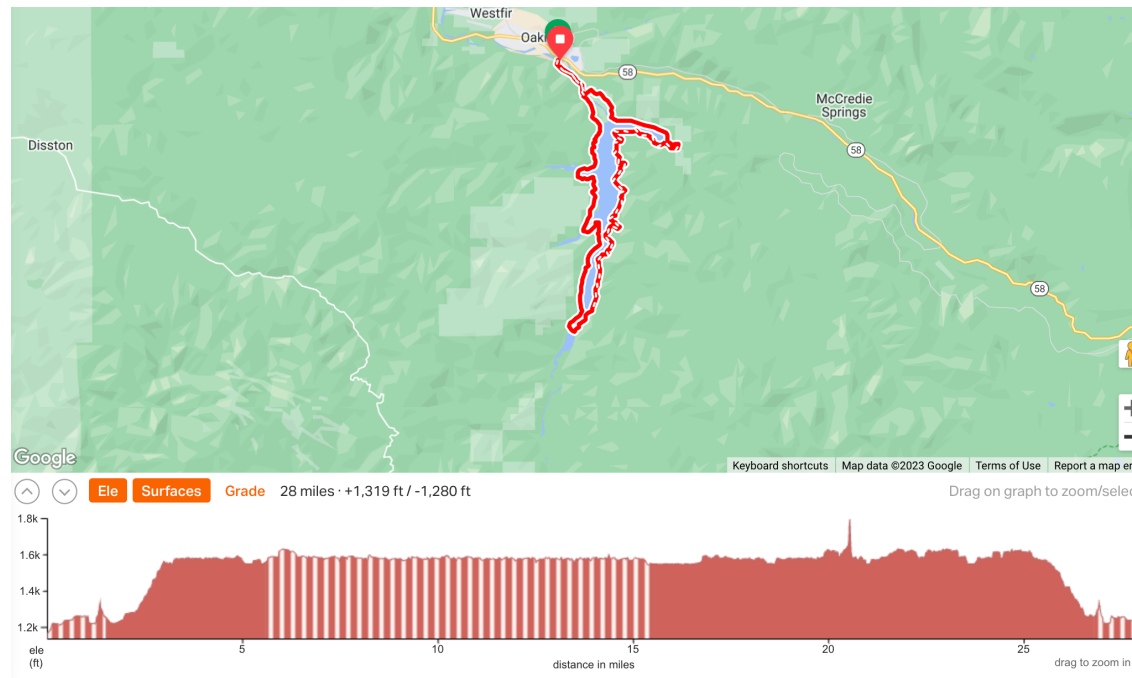
Ride with GPS Map - <https://ridewithgps.com/routes/43078576>

Optional Rest Day for Settlers:

You will not be timed on your ride today. Feel free to get a 28 mile shake out ride, hang out at beautiful Greenwaters Park, or head on course and cheer on the Pioneers during their uphill and downhill time-trial segments.



**RIDE WITH
GPS FILES
HERE**






START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

SCHEDULE

- 6:30 - 7:30 a.m.- E-bike battery drop for Aid 2
- 6:30 - 7:30 a.m. - Gear Tote Drop Off
- 6:00 - 7:30 a.m.- Breakfast
- 7:45 a.m.- Morning Ride Announcements
- 8:00 a.m.- **Early Rider Start** 
- High Noon- Snack Shack Opens
- 5:00 - 7:00 p.m.- Dinner Buffet
- 5:00 - 9:00 p.m.- Schwalbe Saloon & Fat Tire Beer Bar



Post Ride Cheers!



- Evening: Awards, Games, Celebrations, & Entertainment



Early start time will be available on Day 4 and Day 5. If you choose to start early on these days, you must check in with the Breakaway Team the night before. While you will be timed on these days, you will be removed from podium contention.





START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

NOTES FROM THE TRAIL

** PLEASE NOTE: Courses may be altered prior to race day due to conditions.

Stage 4 is the Queen stage of the Oregon Trail Gravel Grinder and truly one of the most spectacular days of gravel riding in all of North America. Starting at 1,200 feet in the town of Oakridge, riders will proceed on a 20-mile initial climb up into the heart of the Cascade Mountain Range. Riders will peak at around 6,000 to 6,500 feet over mountain tops with spectacular views for miles. Dense forest, old-growth trees, and a certain level of isolation that you can find in very few locations throughout the country provide a dramatic and scenic backdrop.

At over 90 miles with close to 10,000 feet of elevation for the Pioneers and over 80 miles with 6,500 feet of elevation for the Settlers, this is the toughest and most monumental day of the Oregon Trail. Crossing the height of the Cascade Range is the Old Oregon Military Wagon Road, built back in the 1800s. This special road winds and twists through the scenic backcountry of the Diamond Peak Wilderness area and Summit Lake before descending down to Crescent Lake and on to the day's next campsite in La Pine, Oregon.

Riders have the unique perspective of transitioning from wet, tempered rainforest to high alpine terrain and finally to the high deserts of Eastern Oregon.



OREGON TRAIL GRAVEL GRINDER

DAY 4- SATURDAY
OAKRIDGE TO LA PINE



START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

Pioneers

Total Miles - 95.1 miles

Elevation - 10,002

Total Racing Miles - 88.4 miles

Total Gravel Miles - 72.9 miles

Road Surface - 74% gravel 23% paved 4% unknown

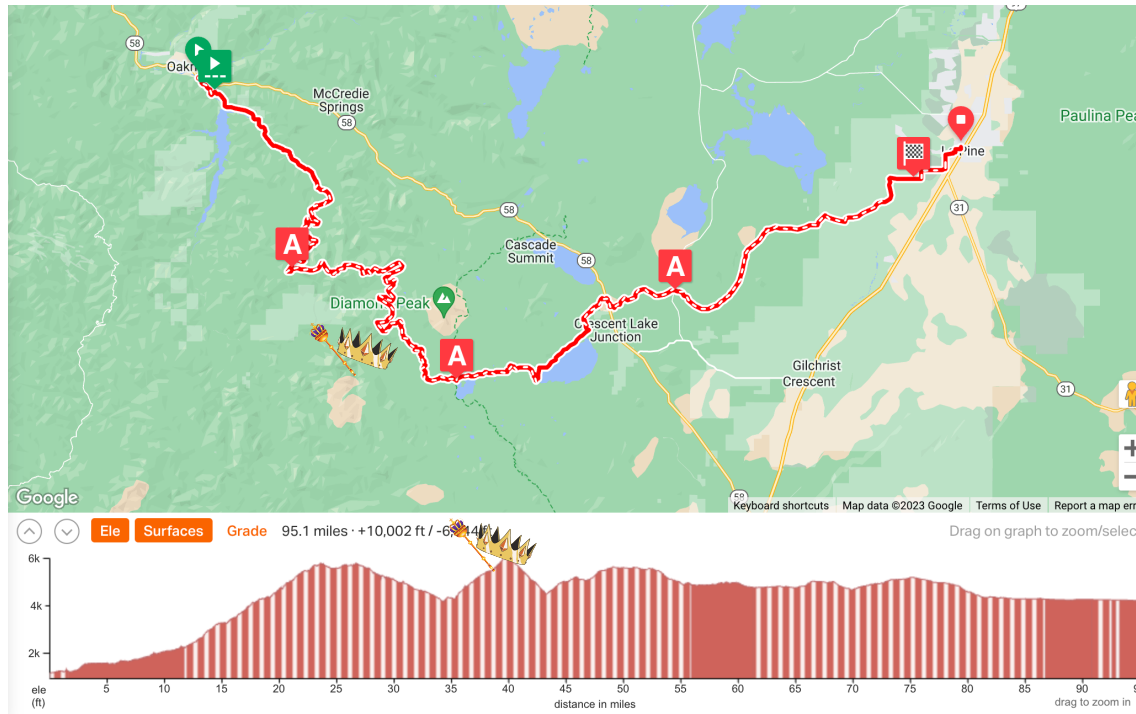
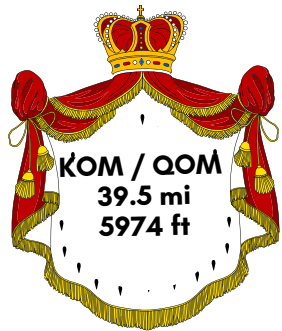
Start Location - Greenwaters Park, Oakridge

Finish Location - La Pine Community Center

Ride with GPS Map - <https://ridewithgps.com/routes/43079350>



**RIDE WITH
GPS FILES
HERE**



OREGON TRAIL GRAVEL GRINDER

DAY 4- SATURDAY
OAKRIDGE TO LA PINE



START LOCATION:

Oakridge Green Water's Park,
48362 OR-58 Oakridge, OR

FINISH LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

Settlers

Total Miles - 86.6 miles

Elevation - 6791 feet

Total Racing Miles - 80 miles

Total Gravel Miles - 46 miles

Road Surface - 49% gravel 47% paved 4% other

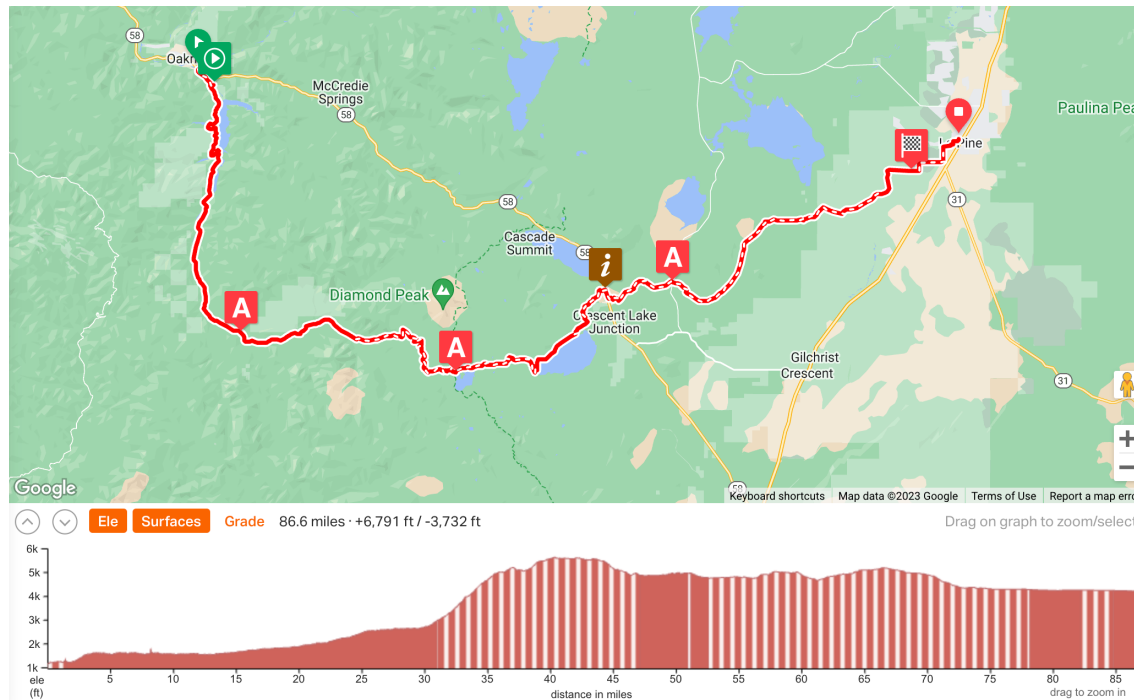
Start Location - Greenwaters Park Oakridge

Finish Location - La Pine Community Center

Ride with GPS Map - <https://ridewithgps.com/routes/43078771>



**RIDE WITH
GPS FILES
HERE**





CAMP LA PINE

- 1. VIP CAMPING
- 2. OPEN CAMPING
- 3. RV CAMPING
- 4. NON-RIDER PARKING
- 5. BIN PICKUP/DROP OFF
- 6. SNACK SHACK
- 7. FOOD SERVICE
- 8. VILLAGE SQUARE
- 9. BIKE WASH
- 10. SHOWERS
- 11. RESULTS KIOSK
- 12. BIKE RACKS
- 13. RESTROOMS
- 14. CHARGING STATION

10 Showers located at Middle School



8 VILLAGE SQUARE

Post Ride Cheers



Recovery Zone



Mechanic Corner



Oregon Trail Mercantile





START LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

FINISH LOCATION:

Village Green Park
Sisters, OR

SCHEDULE

- 6:30 - 7:30 a.m.- E-bike battery for Aid 2 & Early Arrival bag drop (see pg 9)
- 6:30 - 7:30 a.m. - Gear Tote Drop Off
- 6:00 - 7:30 a.m.- Breakfast
- 7:45 a.m.- Morning Ride Announcements
- 8:00 a.m.- Early Rider Start



**1:00 - 4:00 p.m.- Celebration, Awards Ceremony, & Lunch at
Village Green Park in downtown Sisters**



Early start time will be available on Day 4 and Day 5. If you choose to start early on these days, you must check in with the Breakaway Team the night before. While you will be timed on these days, you will be removed from podium contention.





START LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

FINISH LOCATION:

Village Green Park
Sisters, OR

NOTES FROM THE TRAIL

** PLEASE NOTE: Courses may be altered prior to race day due to conditions.

The final day, Stage 5 of the Oregon Trail Gravel Grinder, starts from bike camp in La Pine, Oregon, and heads due north to the final destination of Sisters, Oregon. This stage starts with riders weaving in and out of Eastern Oregon forest, consisting of large pines and open terrain and vegetation. Riders get a chance to warm up and shake out their legs with moderate elevation gains for the first 20 to 30 miles. After that, the course goes uphill as riders begin the ascent into the high country near Mt. Bachelor. After reaching Mt. Bachelor, it is a fast descent into the scenic Tumalo Creek Drainage and once again back up to the highest point of the five days, on the old 370 Forest Service Road.

FS370 takes riders within a stone's throw of Broken Top in the Three Sisters Peaks. Massive mountain views, alpine lakes, and scenic beauty abound as riders approach the 7-thousand elevation mark. The timed portion of the race concludes near Three Creeks Lake.

It is highly suggested that riders take the extra 3/4 miles from the timing finish and head up to the lake to dip their legs in the cool lake water and take in the scenery, before rolling to the finish on the fast descent back into Sisters, Oregon, where the post-race festivities begin. Back at the beautiful Village Green City Park in Sisters, riders can enjoy their final meal of the Oregon Trail, partake in amazing beverages, and relate some of the incredible stories of their journey with their fellow riders before departing for home.



OREGON TRAIL GRAVEL GRINDER

DAY 5- SUNDAY
LA PINE TO SISTERS



START LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

FINISH LOCATION:

Village Green Park
Sisters, OR



**RIDE WITH
GPS FILES
HERE**

Pioneers & Settlers

Total Miles - 82.6 miles

Elevation - 6041 feet

Total Racing Miles - 57.8 miles

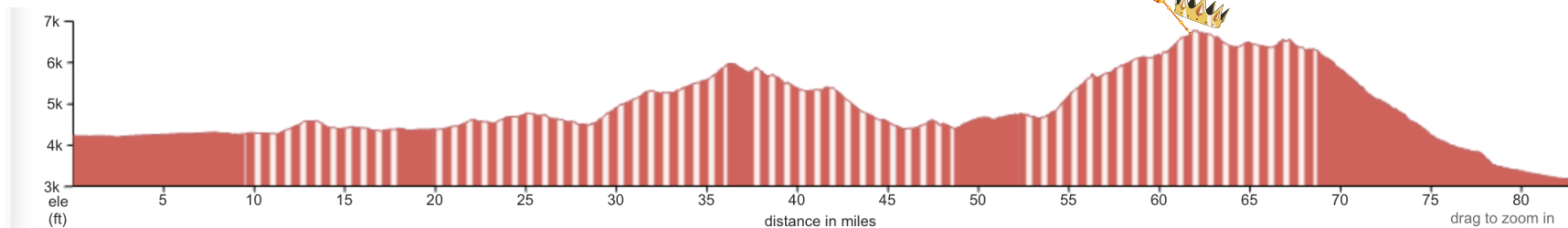
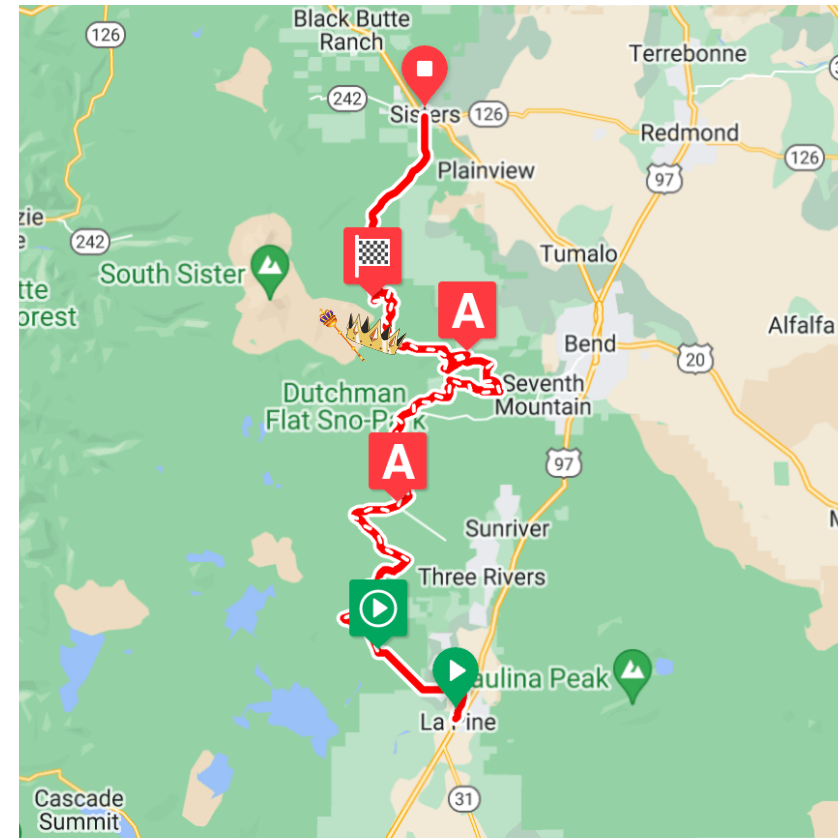
Total Gravel Miles - 52.9 miles

Road Surface - 64%

Start Location - La Pine Community Center

Finish Location - Village Green Park, Sisters

Ride with GPS Map - <https://ridewithgps.com/routes/38927810>





START LOCATION:

La Pine Park
16405 1st Street, La Pine, OR

FINISH LOCATION:

Village Green Park
Sisters, OR



1:00 - 4:00 p.m.- Celebration, Awards Ceremony, & Lunch at Village Green Park in downtown Sisters



EARLY ARRIVAL BAGS

If you dropped an early arrival bag on Day 5, it will be at the info booth in Village Green Park. This bag is so you may change at the Sisters expo area and relax instead of having to go back to the parking/car area at the Middle School.



GEAR TOTES

Totes will be at Sister's Middle School at the end of the race. This way you may unpack your tote and put directly into your vehicle. The totes for those on the shuttle will be transported back with the shuttle to the Peppertree Hotel in Bend.



Oregon Trail Gravel Grinder

I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING AND/OR VOLUNTEERING IN The Oregon Trail Gravel Grinder (a Breakaway Promotions event), including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault.

Breakaway Promotions does not provide liability insurance for the protection of individuals, groups, organizations, businesses, spectators, or others who may participate in the events.

I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity or event in which I may participate, and that it will govern my actions and responsibilities at said activity or event. In consideration of permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:

(A) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from this event,

THE FOLLOWING ENTITIES OR PERSONS: Breakaway Promotions its owners, staff, volunteers, medical providers and contractors, US Forest Service, and local cities and municipalities, schools and/or their directors, officers, employees, volunteer representatives, and agents, the activity or event holders, activity or event sponsors, activity or event volunteers;

(B) I INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity or event, whether caused by the negligence of release or otherwise.

I acknowledge that Breakaway Promotions and their owners, directors, officers, volunteers, representatives, and agents are NOT responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific event or activity on behalf of Breakaway Promotions.

I acknowledge that this activity or event may involve risk and may carry with it the potential for death, serious injury, and property loss. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to participants, but are also present for volunteers.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity or event.

I understand that this race requires all riders to follow rules of the road at all times and when participating in the Oregon Trail Gravel Griner I will yield, stop, and follow all laws and right of ways.

I understand that I will be participating in an event that utilizes remote roads with very limited access to medical services and that accidents that our medical staff deem life threatening will require life flight services at the expense of the participant signing this waiver.

I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers, and assigns.

The accident waiver and release of liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I CERTIFY THAT I HAVE READ THIS DOCUMENT, AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

Racers Age _____ Category: Pioneer Settler Ironhorse

Bib # _____

Print Participant's Name / Parent Guardian _____ Signature / Signature of Parent if under 18 _____ Date _____

Address (Street, City, State, Zip Code) _____

Email _____ Phone _____

Name of Emergency Contact #1 _____ Phone #1 _____

Name of Emergency Contact #2 _____ Phone #2 _____

Housing?
Circle one
VIP Tent
Personal Tent
RV
Under the Stars

ACCIDENT WAIVER AND RELEASE OF LIABILITY

1. I acknowledge that this athletic Event ("Event") is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I assume these risks. The risks include, but are not limited to, those caused by accidents, terrain, facilities, temperature, weather, condition of athletes, equipment, condition of others' equipment, vehicular traffic, illness, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, Event officials, and Event monitors, and/or producers of the Event, and lack of nutrition, hydration, and fitness. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating and/or volunteering in the Event. I realize that liability may arise from negligence, recklessness, or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault.
2. I certify that I am physically fit and health and have sufficiently trained to be a participant in the Event and have not been advised otherwise by a qualified medical person.
3. I acknowledge that this Accident Waiver and Release of Liability ("AWRL") form will be used by and relied upon by Event holders, sponsors and organizers, in any and all Events in which I may participate and that it will govern my actions and responsibilities at any Events.
4. I understand that I am choosing to participate in the Event and I have the option to not participate in the Event. In consideration of my application and permitting me to participate in the Event, and all activities related to or connected with this Event, including travel to and from the Event or any series including the Event, I hereby take choose and action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge the Oregon Bicycling Association, its directors, officers, employees, volunteers, agents, attorneys, insurers, affiliates, Event holders, Event promoters, Event sponsors, Event volunteers, Event permit grantors, Event property owners, and Event participants (collectively "Releasees"), from any and all liability for my death, disability, personal injury, illness, property damage, property theft, lost income, or any other losses, costs or actions of any kind which hereafter may accrue to me by virtue of my training for the Event, my participation in the Event, my travel to or from the Event, or any other conduct by me related to the Event; (B) Indemnify and Hold Harmless Releasees from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during the Event; (C) Covenant not to sue Releasees and agree that I will not make any claim against Releasees for injury, illness, damages, death, or any other loss arising from or related to my participation in the Event. I understand that if I attempt to sue Releasees in violation of this agreement, Releasees may seek to recover all of their costs, including legal fees. I agree to indemnify, hold harmless, and defend Releasees from and against any and all actions, causes of action, claims, charges, demands, losses, damages, costs, attorney's fees, judgments, liens, indebtedness and liabilities of every kind and character, whether known or unknown, including foreseen or unforeseen bodily injury, illness, and personal injuries and property damage that may be sustained by me or any other person in any way connected to, related to, or arising out of my participation in the Event.
5. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and or illness during the Event.
6. I understand that at Event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the Event holders, producers, sponsors, organizers and or assigns.
7. **IMPORTANT: OBRA and the organizers of this race do not provide insurance coverage for injuries that occur at the Event. The costs related to those injuries are the responsibility of the individual participant.**
8. Bicycle use: Bicycles or bicycle equipment, wheels or other components may be loaned or borrowed for use in the Event. A nominal charge may be collected to cover bicycle maintenance and purchase. This is a loan and does not constitute a rental agreement. I understand that I assume responsibility for the mechanical soundness of any bicycle and its parts, including but not limited to tires, gears, wheels, spokes, hubs, chain, bolts, and all other bicycle parts. I have examined or will examine the bicycle and certify that it is properly assembled and fit to ride. I accept responsibility for damaged or lost equipment.
9. I have read and understand the materials regarding concussions posted at <http://www.obra.org/concussion>
10. The AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. I understand that I am giving up substantial rights, including my right to sue Releasees for injuries resulting from the inherent risks of cycling and the ordinary negligence of Releasees. I acknowledge that I am signing this agreement freely and voluntarily, and intend my signature to be a complete and unconditional release of all liability to the greatest extent permitted by law.
11. I hereby certify that I have read this document; and, I understand its content.

Plate/Bib # _____ OBRA License # _____ Racing Age _____ Club/Team _____

Name (print) _____

Who to notify in case of emergency: _____ Phone: _____

Signature of entrant: _____ Dates(s) _____

PARENT GUARDIAN WAIVER FOR MINORS (Under 18 years old) The undersigned parent and natural guardian or legal guardian does hereby enter into this AWRL on behalf of any and all participants in the Event and represents that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian. The undersigned parent and natural guardian or legal guardian also agrees that they have read, understand and agree to guidelines regarding concussions posted at <http://www.obra.org/concussion>.

Signature of parent or guardian: _____ Dates(s) _____